



FULLMOON INSIGHTS + WISDOM

FEBRUARY 2016

COMMITMENT. DISCIPLINE. HARVEST.

Full Moon at 3°33' Virgo on February 22nd, exacting at 6:20 PM UTC (10:20 AM PST) - This is not a month to be sitting on the fence or to regret your choices or to think the grass is greener on the other side. Who are you? This is the big question this month. You have an opportunity to explore yourself in new ways and commit to choosing what is important to you regardless of what others may think.

As we enter February we encounter good influences that will take your choices and decisions and feed them with some momentum allowing for action, manifestation and flow. There are two elements that are necessary for this to happen: **Commitment and discipline.** Commitment to the choices and decisions you have made will ensure that you get the most out of them. It is a message to spirit that you are truly serious about what you have chosen and intended, what you desire and wish for. **Discipline** is what you will need to insure the commitment stays in place. If you signed up for yoga classes and paid your money and put it on your calendar, you have committed. The discipline is that you actually have to attend the classes to receive the benefits.

Virgo is known for its association to service and manual labor, and, depending to our level of commitment to productivity in a desired area of life, this Full Moon might illuminate important milestones in the fields of profession and vocation, showing us the outcome of practical application of gifts and talents - a time of harvest, reminding us that "hard work pays off" is not a merely abstract proposition. Under this Full Moon, we might finally enjoy a long overdue recognition for the small, constructive choices we have made over time; we might want to look at last year's September New Moon / partial solar eclipse in Virgo, and the seeds we have sown back then, for hints about what will be blossoming.

In both cases, cleansing and purification are the ultimate goals. Once this surgical plenilune helps us pierce the veil, it will be easier to zero-in on what needs to be re-organized and improved, and act accordingly, de-junking and de-cluttering our existence and edging ourselves closer to our idiosyncratic concept of "perfection" - not as a deceitful, unattainable ideal, but as a practical, empowering process of inner work and self-adjustment.

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